

# Drakesbrook Despatch

May 2017 Issue 88



A volunteer monthly newsletter for the residents of Waroona, Preston Beach, Lake Clifton, Hamel, Coolup & Yarloop



**U5/22  
Fouracre St  
Waroona**

ALL HEALTH FUNDS • PENSIONER SUBSIDIES  
VETERANS AFFAIRS - DVA



**DENTURES DIRECT WA**

Jan Johnson - Dental Prosthetist  
Advanced Dip. D.P. (syd) AIMFP

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**MOUTH GUARD  
SEASON  
OPEN**

**Next Issue:- Fri. June 2<sup>nd</sup> 2017**

**Deadline:- Thurs. May 25<sup>th</sup> 2017**

For Advertising & Copy Phone 9733 2183 Email: [drakesdespatch@gmail.com](mailto:drakesdespatch@gmail.com)  
74 South West Highway, Waroona  
(PO Box 215, Waroona 6215) Office open Fridays 10:30 to 11:30 am



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[www.drakesdespatch.com.au](http://www.drakesdespatch.com.au)



# Professionals

real people  
working in  
real property

TO A BETTER WAY THE PROFESSIONAL WAY **9733 2299**



## HAPPY MOTHER'S DAY



**“ROONIE” VIEWS FOREVER on 3.79 Hectares \$699,000**

Everything about this property is magic. The views, the home, the lifestyle and the tranquility are enduring qualities that even the Owners are sad to leave.

Laze the days away either sitting on the outdoor decking, nestled in any of the country nooks, up high amongst the grass trees or behind the glass sun room away from the winter elements, taking in all the panoramic views and enjoying the stunning sunsets.

\* Open plan with lounge, dining and large kitchen \*Large sunroom \* Office  
\*4 bedrooms with carpets, ceiling fans & amazing views \*2 bathrooms \*3 toilets

\* 3 x water tanks – No water bills \* 30 Solar panels – No power bills  
The property is located 2 minutes from Waroona and just over an hour from Perth


You'll find these and more up the private 200 metre sealed driveway, Inspections are by appointment only. Phone today! It will be our pleasure to guide you through this magical property.




# Community Calendar for Meetings, Church Services & Events




**Agricultural Society**  
3rd Thurs—Alison Birch 9733 1092




**Central Districts Axemen's Association.**  
Linda Miller 9733 2098




**Community Car**  
Waroona Resource Centre -  
9733 2545



**Coolup Craft Group**  
Wednesdays CWA Room,  
Coolup 9530 3258




**Coolup CWA**  
2nd Monday each month




**Coolup LCDC (Landcare)**  
1st Monday of the month  
Kim Wilson 9733 2628


**Coolup Progress Association**  
1st Thurs of month 9 am Coolup Hall  
Bev Alexander 0407 381 281




**Dam Spinners**  
Fortnightly Craft Centre, Waroona  
Joy Jackson 9733 1810



**First Waroona Girl Guides**  
Tuesdays 4pm Scout Guide Hall,  
Fouracre St. (Excluding public holidays.)



**FRAGYLE**  
Preston Beach Hall 3rd Sat.  
Bi-Monthly Laurie Snell 9733 1219



**Lake Clifton Landcare**  
Contact: Nancy Fardin 9739 1154


**Lake Clifton/Herron Residents Association**  
Meetings every 2nd month on the 2nd Monday  
Contact: Jenny Rose 0428 343 028



**WAROONA BUS to Mandurah Forum then Halls Head-**  
**Thurs. May.. 4th & 18th**  
8:30 from Birch St. then  
9:00am from the Waroona  
Hotel, South West Highway  
Mandurah Bus Charters  
**9581 6555**

**Nulsen Haven**  
2nd Wednesday - Seniors Hall  
- Jan Wood 9733 3701

**Preston Beach Progress Assoc.**  
Quarterly Meeting,  
phone 9739 2090 for details




**Really Really Free Markets**  
3rd Saturday of each month  
Memorial Hall - 1 to 3pm




**Shop**  
**9733 3057**

**Ring or call at the ST VINNIES SHOP**  
**To make an appointment for Welfare**



**Senior Citizens Welfare**  
Last Wednesday - Jan Wood 9733 3701.  
Hall Hire: Shire Office 9733 7800



**South Mandurah Al-Anon Group**  
Every Monday at 10am Uniting Church,  
2 Rees Place, Wannanup




**ST MARK'S ANGLICAN CHURCH WAROONA**

Services are held on the 1st,  
2nd & 3rd Sunday of each  
month at 9:00am and on the 4th  
Sun. at 10:30am.  
Enquiries at Parish Office  
9531 1248

**Seniors Recreation Council of WA Inc -Peel Branch**  
**Strong on Your Feet Exercise Class for Seniors**

Waroona Senior Citizens Hall  
Mondays 1 - 2pm -Cost \$2  
For Further Information  
please contact:  
Jan McGlenn  
Ph: 9535 4749  
Mob: 0427 088 615



**Tai Chi**  
Pisconeri Hts Park  
Thursday, 9.30am - Del Leahy  
9733 1201




**THE SALVATION ARMY**  
Family Worship With  
The Salvos. Services  
every second Sun,  
May 8th & 22nd @ 10am  
Meeting at Waroona Community  
Resource Centre  
10 Henning Street, Waroona  
EVERYONE WELCOME



**UNITING CHURCH**  
Thatcher Street,  
Waroona

**Worship Services & Sunday School**  
Each Sunday at 9:30am  
A warm welcome is extended to all.  
Elders: Daphne Bennell  
Jennifer Turner  
Phone: 0499 859 303  
Minister: Rev. Robert Jetta



**Wagerup Community Consultative Network**  
For information contact  
Tom Busher at Alcoa on 9733 8768




**Waroona Arts and Crafts Centre**  
Opening Times: Mon. 9:30 - Noon,  
then 1 - 3pm. Tues. 9am - 3pm.  
Wed (fortnightly) 10am -2pm  
Fri. 9.30 - Noon.  
New Members Welcome.




**WAROONA CATHOLIC CHURCH**

**Mass Times:**  
Saturday at 6.30pm  
and Sundays at 8.30am


Parish Priest: Father Jay Johnson  
Ph: 9733 1225  
Email: warcathpar@amnet.net.au



**Waroona Hamel R&SL**  
2nd Mon in Feb, Apr, June,  
Aug (AGM), Oct, Dec.  
5pm Memorial Hall - all  
welcome  
Tracey Fickling 0408 937 577



**Waroona Historical Society**  
3rd Thurs 4:00pm  
Debra Tyler 041 7 70 5 966



**Waroona Lions**  
2nd & 4th Monday—  
Grant Hewett 0417 919 777



**Waroona Lions Farmers Market**

**Next Markets**

**May 7<sup>th</sup> & then June 4<sup>th</sup> in the Memorial Hall**

Bay prices are \$10 and sellers can set up from 6.30am  
For more information about the markets, or to book a stall, please contact:

**Lisa Fry 0415 954 993**

This is a non-profit event by the Lions Club of Waroona and all proceeds go back into the Community.

**Please Support ALL Lions activities**



**Waroona Pensioner's Social Club**

1st Wed—Dot Hansen 9733 1892



**Waroona Playgroup**

Playgroup is open Mon, Tues and Thurs 9-11am for children 0-5yrs old  
2 Henning Street Waroona WA 6215  
Facebook - Waroona Playgroup 2017  
[waroonaplaygroup@gmail.com](mailto:waroonaplaygroup@gmail.com)



**WAROONA ST JOHN AMBULANCE**

Sub Centre Opening Times  
**Tues & Thurs**  
**9:00am - 12 noon,**  
**then 12:30 to 3pm**  
Phone: 9733 2122  
**EMERGENCY: 000**

[www.waroonaambulance.com.au](http://www.waroonaambulance.com.au)



**WELL OF LIVING WATER**

Meetings at 7 Butler Retreat Waroona

7 pm every 2nd Friday  
Needed, prayer Warriors for our Nation from 2 Chronicles 7v14  
All welcome supper after.



**Congratulations to the following people with Birthdays in May**

Coral Culling  
Dot Hansen  
Horrie Doran  
Nola Turner  
Philip Blampied  
Raymond Lane  
Lucy Lane  
Mathew Lane  
Zelia Boserio



**Neil Twaddle Turned 80**

Neil turned 80 on the 31st. March, and on the 1st. April 70 of Neil's friends and family helped him celebrate his birthday at the Hamel Hall. There was a wishing well for cancer instead of presents, and a total of \$650.00 was raised. Thanks to all who came and celebrated with him.

**Pensioners News**

At our last meeting on the 5th. April, we had 23 members in attendance. Friday bingo is open to everybody, this is held in the Senior Citizen's Hall on the last Friday in the month, at 1.00p.m. Hope everyone had a lovely easter, and not too many eggs! Casino Bus is on the 15th. May. See you all on the 3rd. May.

**APOLOGY:**

Last month I thanked many of my friends who have helped me following the sad loss of my husband Harry Blanche. I am so sorry that I didn't thank some very important people namely the girls from the newsagents in town who have been so kind to me and also to one of Harry's closest friends Jack Lang It's so comforting knowing I have support and dear friends around me during this difficult time. Much love Iris Blanche

**Congratulations**

**Neil and Sally Williams celebrated their 65 Wedding Anniversary on April 12<sup>th</sup>. Congratulations to you both and especially to Sally for putting up with him for so long.**

**Mike**

**Classified Ads.**

**They are free for goods to the value of \$5,000**

**For Sale**

1, Honda Generator EM1500X  
\$200 or near offer  
2. Bunkers Timber Bunk Bed with Chest of Drawers ,mattresses, some linen and Trundle Bed  
Good Condition .....  
\$250 or near offer  
Phone 9739 2378 Lake Clifton.

**Garage Sale**

Garage sale/shed clearance. Tools & sundry items.  
Phone Bill 9733 3053 to view.

**Seniors**

Hi to all, Well Easter has been and gone, why is it that everything nice goes so quickly, the next event is Mothers Day, hope you all get spoilt on your special day, you deserve it. We have booked the venue for our Xmas Lunch, it is at Drakesbrook Tavern on 29<sup>th</sup> November at 12 noon, we have also booked Phil Inn for the entertainment, he was so good last year, and we didn't want to miss out this year, hence the early booking, As discussed at the last meeting we have a list of what we want to do at the next outing, please put some thought into this for the next meeting. I still have not heard about the grants we have requested, I hope to have some news soon. That's all for now, Kind Regards Jan Wood (Secretary) 97333701

**Thank You**

A big thank you to Rod of Woodbury Plumbing for again coming to my rescue it does pay to deal with our local guys . God bless .Betty Derrick

**ST VINCENT de PAUL**

We hope everyone had an enjoyable Easter Holiday and celebrated with family and friends. Our Easter Raffle was very successful and we are grateful to our supporters and ticket sellers who are there whenever we need them. Prize winners are shown elsewhere in the Dispatch. Many Thanks. Winter stock is slowly making its way into the store now and already we have puffer and other jackets gracing our racks. Welfare interviews are available on Monday mornings so ring ahead and make an appointment on 9733 3057. We will endeavour to help where we can.

## Waroona Veterinary Clinic News – April 2017

### Intervertebral Disc Disease

#### What is Intervertebral Disc Disease?

Intervertebral disc disease is the most common spinal disease in dogs. Intervertebral discs act as cushions between the vertebrae and act as shock absorbers. Intervertebral disc disease (IVDD) is a condition where the cushioning discs between the vertebrae of the spinal column either bulge or burst (herniate) into the spinal cord space. These discs then press on the nerves running through the spinal cord causing pain, nerve damage, and even paralysis.

Intervertebral disc degeneration results in diminished shock-absorbing capacity, and can ultimately lead to disc herniation and spinal cord compression.

#### Breeds at risk

Intervertebral disc disease is an age-related, degenerative condition however certain breeds can suffer disc problems from when they are young dogs. Chondrodystrophoid breed dogs such as Dachshund, Pekinese, Beagle, Lhasa Apso (and dogs with similar characteristics of genetic dwarfism) account for the clear majority of all disc ruptures, with the **Dachshund accounting for 45-70% of all cases**. In these dogs, average onset of clinical signs is

between 3–6 years of age, although x-rays can show the presence of disc disease by 2 years of age. Nonchondrodystrophoid dogs such as Labrador Retrievers, German Shepherd Dogs usually present between 5 and 12 years of age.

#### Symptoms & disease progression

Disc rupture presents with different degrees of pain; however, when nerve damage starts to develop it follows a predictable pattern:

1. Back or neck pain, possibly refusing to walk around the room.
2. “Drunken sailor” walk or wobbly in the hind end, hind feet will often cross as the pet steps.
3. Complete loss of hind limb function. Usually at the same time, the pet loses control of their bladder
4. Pain perception is lost (a sign of severe cord injury).

#### Treatment

Conservative treatment with cage rest, confinement, and pain medications is often only offered to dogs that have recently begun their first episode and any neurologic issues are mild. Surgery can be an option with multiple procedures existing. Left untreated, disc rupture

can lead to permanent loss of the ability to walk.

#### Prevention/Precautions

If you have a breed prone to disc disease it is important to keep them lean. Regular, moderate exercise is good but uncontrolled leaping and jumping (especially from high places) is not. Owners of chondrodystrophic breeds should take special care not to let their dogs jump from high places, as their large bodies and comparatively short legs are especially prone to musculoskeletal and spinal injuries. Signs of back or neck pain should be taken very seriously.



## Waroona Veterinary Clinic

45 South Western Highway, Waroona (08) 97331356

Mon, Tue, Thurs, Fri: 8:30 - 5:00, Wed: 8:30 - 12:00, Sat: 9:00-12:00 **By Appointment Only**



### Seresto Collars for Cats and Dogs

**8 months protection from fleas and ticks  
For only \$71.50**

**Put a collar on your pet in May and they  
won't be due again until January 2018**



**A Big Thank You to a Special Person**



It has have been extremely remiss of me, leaving it so long to thank Alice Handley for the work she has done over the years for the Drakesbrook Despatch. I secretly was hoping that after a short break she would return to the fold. Time, however, speaks differently and it has now been several months since we parted company. Alice had several roles at the Despatch:

secretary, typist, proof reader, photographer and general dog's body. She was also 'au fait' with the publishing program we use and was always on hand if I needed assistance. Alice was always chirpy, easy going and hard working.

She has been replaced by three different people. Marilyn Lochovicz is the secretary, Bev McLean does the typing and proof reading and Kirsten Cole is now our resident photographer. Thank you to all three for volunteering and 'Thank You, Alice!'

**WORKFORCE DEVELOPMENT CENTRE**

**Free Mobile Career Service visiting Waroona Community Centre on the**

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month, No Appointment Needed**

**Workforce Development Centres can help you at any point in your life to make informed choices about your career and training options.**

Workforce Development Centres provide: \* One on one career guidance \* Information on training courses \* referrals to training providers and other services \* access to online career development resources and tools \* workshops that improve your skills and assist you in looking for work \* free computer access for job search activities

**How we can help:** Our services are offered face to face, online or over the phone. Whether you are just starting your career, re-entering the workforce, looking for a career change or still at school, our trained and experienced staff can assist you

**Call the Resource Community Centre for more info 9733 3011**



MANDURAH/PEEL FINANCIAL COUNSELLING SERVICE

**Chasing that elusive holiday?**

**Want to be more savvy with your money?**

Find out everything you need to help you have a real holiday and still manage your bills at the same time.

Come along to a series of **free** workshops to learn about:

- Goal setting – turn your dreams into reality
- Budgeting and Centrepay deductions – beat the bills
- Putting your new found skills into practice
- Tips on how to feed the family on the cheap

Tuesdays 16/05/2017 & 23/05/2017  
12.30 pm to 2.30 pm each day

Waroona CRC – 10 Henning Street Waroona  
Afternoon tea provided.

Don't miss out – register today with the friendly team at Finucare before 15 May 2017.

☎ 08 9581 1281 or email: [admin@finucare.org.au](mailto:admin@finucare.org.au)

**Partner with some of the best in the business to help you turn your dreams into reality.**

This initiative is proudly sponsored by Westpac Bank, Waroona Community Resource Centre and Family Support Service



**COMMUNITY DEVELOPMENT GRANTS 2017**

The Shire of Waroona Community Development Grants Program 2017 is now closed.

Thank you to all community organisations that applied. This year's program saw the greatest number of applications ever received and as a result was oversubscribed. All applicants shall receive notification of their application by early May.

For any queries relating to the Community Development Grants Program 2017, please contact the Shire of Waroona Community Development Officer on (08) 9733 7800 or at [cdo@waroona.wa.gov.au](mailto:cdo@waroona.wa.gov.au)

**Ashley Black Memorial Rodeo**

Ashley Black Memorial Rodeo was held at the Waroona Cricket ground Saturday 1st for the second year running. This event is held in the remembrance of Ashley who as a young man, cowboy, bull rider and horseman made rodeos his life. He sadly took his own life on 21st of January 2015 aged 19. In holding this rodeo with support from R U OK, hopefully can bring awareness to all communities and families to help tackle the problem of depression and suicide. The crowd gathered on the hill early evening with around 1500 attending to see the first event being the barrel races. Junior's U 11-U18 through to Novice showed their skills in the barrel races trying to beat the clock to the best to their ability. Junior Cowboys waited in the wings in anticipation to woo the crowd. Steer riding is a huge challenge from U11-18 to Novice. Ashley started his career riding steers aged 11 in Byford south of Perth and carried his success to become the Junior Western Australian All Round Champion at age 13, Junior Bull Riding Champion for five years, participated in the Australian Bull Riding Championship finals in Tamworth for three years and the NRC Australian finals in Ipswich. Bull riding is a challenge all on its own as the bull's get bigger more heavier and more determined to buck you off. The challenge is to stay on the bull for 8 seconds where points are gathered throughout the night towards winning the event at the end of the night. Ashley further enhanced his talent by attending the Gold Buckle Rodeo School in Darwin which was run by Troy Dunn who was a champion in his own right. While travelling Australia and overseas to America representing Australia, Ashley managed to graduate with a Spray Painting Apprenticeship. Many thanks to Charles Hull Contracting for the delivery of sand from Premium Sands Waroona, Stock contractors and to all the other people who worked behind the scenes for their effort in making the rodeo such a success Thank you to the Cowgirls, Cowboys and to all those who attended in making the night a great success Rod Caddies at Rodeofest, Amy & Wayne Gibson, Graeme & Glenys Pettit, Kade & friends, Patrick, Charli & Rubi, Hayden & Therese and all family members and My partner Mark & family



**Results:**

U11 JUNIOR BARREL: Samantha Collins 24:059, Ella Jeffrey 26:247, Kaylee Jeffery 29:614, Regan Spanjers 39:807

11-U14 BARREL: Madeline Spanjers 17:684, Rachel Oakes 18:127, Brianna Maxwell 18:404, Toonie Cormbe 20:819, Megan Oakes 27:248

14-U18 BARREL: Hunta Gallacher 17:293, Courtney Reinke 30:365,

NOVICE HORSE BARREL: Jackie McKnight 18:124, Amanda Oversby 18:241, Tenika McCarthy 18:548, Wendy Harris 18:678

8-U11 STEER RIDE: Riley Jackin 63, Jaxon Caddies 59,

11—U14 STEER RIDE: Levi Metcalf 62

14-U18 STEER RIDE: Joel Ruff 65, Tyrell Metcalf 61, Trent Marshall 58,

NOVICE BULL RIDE: Jack Collins 71, Trey Gallacher 67, Trent Marshall 64

LADIES OPEN BARREL: Wendy Harris 15:671, Amber Bowtell 15:971, Rebekan Robans 16:387, Yarnie King 16:413, Jessie Reyndas 16:606

BAREBACK: Peter Price 72, Jessie de Burgn 67, Luke Metcalk 52

SADDLEBRONC: Chad Dudley 65, Derryn Boniscn 61, Jack Collins 58, Jeremiah Day 56, Michael Thorne 45

BULL RIDE: Reece Jasper 72, Gary Jamal Barnes 70

Cheers Kirsten 0497 863 387

bloodnut59@hotmail.com

Photos taken Kirsten McLaughlan



## Waroona Community Resource Centre

10 Henning Street, Waroona WA 6215  
Phone: 9733 3011

Email: [wccsdo@westnet.com.au](mailto:wccsdo@westnet.com.au)

Webpage: [www.waroonacrc.net.au](http://www.waroonacrc.net.au)

Opening Hours: Monday to Thursday 9am till 4pm  
Friday 9am till 3pm



### Family Support Service

Our Service is to support families and individuals within the community. We work to empower families and individuals to enhance their own abilities, so they can acquire the skills, knowledge and self-confidence to manage their own day to day lives. We are committed to providing a quality service to those living in the areas of Waroona, Harvey and Yarloop and operates out of the Resource Centres. Call 9733 2902 to make an appointment or email: [waroonaafss@zoho.com](mailto:waroonaafss@zoho.com) We are a confidential, free service.

Funded by the Department for Communities

### TransWA

FOR TRAIN TIMES AND BOOKINGS

**1300 662 205**

BOOK YOUR TICKET ONLINE  
OR VISIT

LOCAL AGENT AT THE COMMUNITY  
RESOURCE CENTRE

[www.transwa.wa.gov.au](http://www.transwa.wa.gov.au)

### **OC CHIROPRACTIC**

Dr Chad O'Connor will be at the Waroona Community Resource Centre each week.

For appointment days and times please phone Chad on

**0458 940 981**

### Free Community Kitchen

**Community Resource Centre**

Every Tues. from 11.30am to 1pm  
Come along to the Waroona Community Kitchen and join us for a meal of soup, bread & fresh fruit at NO cost..  
We look forward to seeing you there  
**9733 3011**

### Mandurah Podiatry

Visit the Waroona Community Resource Centre once a month

To make an appointment with the Podiatrist please call their office on  
**9535 9143.**

### Waroona Community Cuppa

Wednesday fortnightly  
10am to 12 noon



### SHIRE OF WAROONA FOR LEASE

The Shire of Waroona has an available suite of consulting rooms/offices for lease at the Waroona Community Health Resource Centre, Henning Street, Waroona.

The suite contains a reception and waiting room area with adjoining storeroom/staff room; disabled toilet and shower room; 3 consulting rooms/offices – one with attached storeroom, one with outside access.

The main building is security alarmed, however, the suite has direct outside access. The suite is a separate locked-up area of the main building, however, internal access to all the facilities of the Community Resource Centre is available.

The suite has previously be used as a Doctor's surgery and is suitable as medical consulting rooms or general office space. Further details are available on the Council's website [www.waroona.wa.gov.au](http://www.waroona.wa.gov.au). Enquiries can be directed to the Waroona Community Resource Centre Manager, Trish Witney, on 08 9733 3011.

IAN CURLEY - CHIEF EXECUTIVE OFFICER, SHIRE OF WAROONA



### **SHIRE OF WAROONA NOTICE OF MEETINGS 2017**

The Council of the Shire of Waroona will hold its Ordinary Council meetings on the 4<sup>th</sup> Tuesday of each month, ( Unless advertised otherwise).

Meetings will be held at the Waroona Shire Council Chambers, rear of 52 Hesse Street, Waroona commencing at 4.00pm. Members of the public are welcome to attend.

IAN CURLEY  
CHIEF EXECUTIVE OFFICER

**Shire Mechanic Retires after 27 years**

Bill Rafferty commenced work at the Shire as a mechanic back on April 30 1990 and 27 years later, on April 17 2017, Bill put away his tools at the Shire depot for the last time and has officially commenced retirement. Bill was one of the oldest employees at the Shire and one of the longest serving staff members. Over his 27 years at the Shire Bill saw staff and councillors come and go and also witnessed changes to and growth of the Shire and Peel Region. Not only was Bill a long standing employee of the Shire of Waroona, he is also a long term resident of Waroona and along with his wife Thelma they raised their children



**The Retirement Family Photo**  
**Trace, Graeme, Bill, Thelma & Sarah**

various ways. He is a big believer in supporting his local economy and he showed this in the relationships he fostered with local businesses during his work at the Shire. Bill is a member of the Waroona Lions Club and St John Ambulance and he has some wonderful stories of the community and loves to share them with anyone willing to listen. He has an impressive collection of old engines and equipment that, now that he has more time on his hands, will surely benefit from the added attention! Bill was a valued employee of the Shire and the Councillors and Staff at the Shire wish Bill all the best in his retirement and look forward to seeing him around town

here and now are watching their grandkids grow up. During his many years of living in Waroona, Bill has always been passionate about the community and demonstrates this dedication by continually helping out in

**Provision**  
Cleaning & Maintenance

**Waroona Local**

- \* Bond Cleans
- \* Garden Service
- \* Dry Carpet Cleaning
- \* AirBnB Replenishment
- \* Property Maintenance

Police Cleared, Fully Insured, & ABN Registered.  
**0 4 4 7 7 6 6 3 3 3**

**ST VINCENT de**  
**PAUL**  
**EASTER RAFFLE**  
**1<sup>ST</sup> PRIZE: TERRI**  
**2<sup>ND</sup> PRIZE:**  
**LEANNE.**  
**(Both local ladies)**  
**Our thanks to the**  
**Community**  
**for supporting us**  
**and**  
**also to our volunteer**  
**ticket sellers.**



**Staying Strong on Your**

**our feet!** It's so easy to succumb to the temptation of staying indoors and snuggling up with a good book near a warm fire in the winter months. Add the hot and hearty meals we seem to prefer in winter rather than the leafy green salads and the extra kilos creep up on us before we know it. **'Strong on Your Feet'** is an excellent programme for the over 50's specifically so coming along and learning the simple routines will reap great benefits - especially if we put these exercises in to practice in the comfort of our own homes in between

With winter just around the corner, now is a good time to think about staying healthy, active and **'strong on**

meetings days. The programme is specifically designed to prevent falls and to keep us on our feet and active for as long as possible. The group setting is fun, starting always with one of David's famous jokes! Our Peer Leaders are assessed regularly and are great role models for the programme. Their enthusiasm and dedication is an inspiration and we are grateful they volunteer their time and effort in coming to Waroona each Monday. **Strong on Your Feet** is open to all seniors. For further information contact Jan by phoning 9535 4749 or mobile 0427 088 615 or by emailing [dmc56456@bigpond.net.au](mailto:dmc56456@bigpond.net.au) Even though it is cooler now, please remember the water bottles. It is a good habit to cultivate and our bodies will thank us for it! Until next time – stay strong, stay active and stay healthy! Blessings, Cheryl.

**ABORIGINAL YOUTH MENTAL HEALTH PROGRAM**  
**REFERENCE GROUPS**

Local representatives are sought to assist with an Aboriginal Youth Mental Health program to run from July 2017 to June 2018. The reference groups will represent the local Aboriginal community & local Aboriginal youth.

Expression of interest forms and terms of reference are available from the Shire office and website. Forms must be received by 19 May 2017. For more information, contact Brad Vitale at [cdo@waroona.wa.gov.au](mailto:cdo@waroona.wa.gov.au) or 9733 7800.

**IAN CURLEY** Chief Executive Officer

The rain is here, its time to clean your gutters

# VACPAC GUTTER CLEAN

*Vacuum gutter cleaning*  
Are your gutters full of leaves, sand and sediment?  
Have them professionally cleaned.

**No mess, no fuss!**

**Prompt, reliable, old fashioned service**

**Call Brad today!**

**0417 556 523**

[vacpacgutterclean@gmail.com](mailto:vacpacgutterclean@gmail.com)



**Harvey Medical Group**

**Ph 9733 3007**

Dr Praba Pachaiappan  
Dr Shally Gupta (FemaleGP)  
Dr Jagdev Singh

**Bulk Billing Practice**

**Open Monday - Friday  
8:30 - 5:00**

**Saturday 8:30 - 12:00**

## Mini-Plant

**Bobcat & Mini Excavator**



**Post Hole Borer & Rock Breaker**



**Geoff Plant  
0413 056 398**

Need a local professional Tree Service?

## Arboreal Tree Care

**0402 274 259**

**Obligation Free Quotes - Fully Insured**

- Pruning & Removals • Stumps
- Block Clearing • Mulching • Firewood

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**ON FOREIGN FOAM AND SHORE**

The Rosemary hid its purple face; Larks had ceased to trill  
 The wind had given up its chase in the bitter winter chill  
 Then rose a cold yellow dawn and bone-chilled to the core  
 Platoons of Aussie diggers approached a distant foreign shore  
 And angels cried a flood of tears at what their fate may be  
 In boats afloat a blackened burning oil-slicked sea  
 As they rowed on regardless with gallantry and pride  
 Towards Gallipoli with their allies at their side  
 They fought for our great country: they shaped our history  
 As their bullet ridden boats sunk beneath a broiling sea.  
 While mothers wept the loss of sons gone for evermore  
 Washed up on a tide of red on foreign foam and shore  
 And amidst the stench of brave men lost, dysentery and lice  
 They carted away the bodies of so many sacrificed.  
 And in the horror of the gullies, cliffs and blood filled trench  
 They kept their spirits lifted in that awful graveyard stench.  
 With loss of limbs and fallen mates in mud and whistling shell  
 As shrapnel whizzed; and bullets zipped in that tortured battle hell  
 Thousands they lay injured: rations there were few  
 As under fierce resistance their casualties fast grew  
 And with grieving hearts in disbelief we try to understand  
 The empty boot, a crushed slouch hat, a shattered wedding band  
 And men with thin and silvering hair march with pride and zest  
 To honour mates so sadly lost and pinned across their chest  
 Medals glisten; children stare and ask the question Grandpa why?  
 As hymns are sung mates greet mates, and speeches make us cry  
 And we listen to the stories told about brave soldiers of our past  
 Then silently watch the Australian flag flap sadly at half-mast.  
 Hear the prayers and in the semi-darkness try to stem our tears  
 As silently majestically the pale pink dawn appears  
 And as the bugles lone salute drifts to meet the sorrowed sky  
 We bow our heads in silence for those precious lives denied  
 And somewhere who knows where? Many soldiers sleep alone  
 Lost in unmarked graves away from family and home  
 And we commemorate their sacrifice; and their bravery will stay  
 Like seas that broil; and winter winds they'll never fade away  
 By Pam Bevan, Binningup

**'Cuppa for Cancer'**

The Waroona Creative Arts Centre will be holding a "Cuppa for Cancer" on Friday May 19th. From 9:30 – 11.30am at the centre on Henning Street, Waroona. There will be a delicious morning tea for \$5/head and fundraising raffles. All proceeds of this year's cuppa will go to the Peel Oncology Unit. Hope to see you there



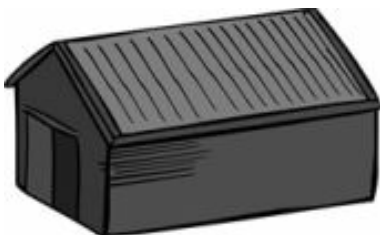
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# Waroona Lions Club Defensive Driving Training



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Are you aged 17-25 years old?

Would you like to be a safer driver on the roads?

The Waroona Lions Club is hosting a one day  
defensive driving course run by Drive Safe Australia

Date: Saturday the 24th of June 2017

Time: 8.00am to 4.00pm

Cost: \$50 per participant

Pre-requisite: Provisional drivers licence

Contact: Darren - lionsdrivertrainingwaroona@gmail.com



*This is a project of the Lions Club of Waroona in partnership with Iluka Resources and Shire of Waroona.*

**Coral's Charity Knitters**



Our get together on 30 March was busy, quite chatty and exciting !. Two large bags of yarn filled with an assortment of colours in various

ply had ladies diving in and sorting the balls into lots suitable for a variety of items. Then two more bags which had been left at the library were discovered so the yarn sorting continued. Thank you to Janelle and Helen for these very welcome donations. All yarn donated is used to make items for our local community. Coral located a couple of unusual knitted shapes which looked a bit like frogs and so these will be added to the yarn bombing collection at the visitors centre. A draught excluder, along with a scarf made by deb have been put with items to be distributed later, 4 beanies and a baby rug will go to Peel Health Campus. A bright colourful knitted blanket made by Mavis is perfect for a child to snuggle under and will be distributed appropriately. Nola has completed and taken 10 crochet baby rugs to Peel Campus. Coral has ten teddies and two teddy blankets ready to take to Radio Lollipop at Rockingham. Barbara,

Lois, Joy and Judy are working on various items. My efforts in yarn have slowed a little....well..maybe a lot as trying to reduce my fabric stash has kept me busy small quilts !. An Easter card has been sent to Fay. We had a full house of ladies round the tables on 13th April. Thank you to Coral's friend Shirley for a donation of yarn. Cooler evenings have seen fingers busy with needles and hooks. Barbara has done six baby cardigans, 6 pairs bootees and seven beanies which went to KEMH via the CWA. Debbie has done two scarves, a baby hug-me-tight jacket and 4 beanies and Lois a baby jumper with matching beanie, and 2 pairs bootees. The baby items will go to Peel Campus and the scarves will be distributed later. The two Joys are both crocheting items, Brenda is working on a scarf, Mavis has started another knitted rug and Coral is now doing baby beanies. Peel Health are in

need of baby bootees, mittens and beanies. We have a pattern for bootees & mittens without ribbon ties – if you would like to help with these items call into the Library when we are there for a copy of the pattern. Our next dates are May 11th and 25th, at the Library 10am until mid-day. If you would like to join the knitting group, or just want to see what we are up to, you will be made very welcome.



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### The Power of Blessing

Another Easter has come and gone but 'the power of blessing' in the resurrection of JESUS CHRIST from HIS death on the Cross over two thousand years ago, is ongoing for all eternity. When JESUS died on the Cross of Calvary, HIS final words were 'It is finished!' The work of the Cross and all that it needed to accomplish to satisfy the law of a righteous GOD was finished but it wasn't the end of the story. Death could not hold JESUS down. HE conquered death when HE was raised from the dead and won for us reconciliation with GOD - and eternal life for those who believe! If JESUS was an ordinary human being HIS death would have been just another death – albeit the tragic end of the life of a young man. But JESUS was and is no ordinary natural man. HE is GOD who became visible for all humanity to see - in person! And it is the resurrection of JESUS that sets the Christian faith apart from all other religions and belief systems. It is pivotal to the Christian faith. It is not only recorded in the Bible by several authors but also by historians, with records of

hundreds of independent witnesses personally seeing HIM; first crucified and buried, then raised up to life again. To deny the truth (or fact) of the resurrection, is to take away the whole 'saving purpose' of JESUS' sacrificial death – which paid the penalty for our sin and rebellion against a righteous and just GOD that we might be reconciled to HIM and have a personal relationship with HIM, now and for all eternity. Even JESUS' disciples struggled to understand HIS resurrection in their natural minds. When HE 'supernaturally' appeared in front of their eyes after HE had been crucified and buried and risen again, they were startled and terrified, convinced they were seeing a ghost. Standing there among them JESUS said; *'Be at peace. I am the living GOD. Don't be afraid. Why would you be so frightened? Don't let doubt or fear enter your hearts, for I AM! Come and gaze upon my pierced hands and feet. See for yourselves, it is I, standing here alive. Touch me and know that my wounds are real. See I have a body of flesh and bone.'* HE said to the disciples *'Everything that has happened fulfils what was prophesied of me. CHRIST the Messiah was destined to suffer and*

*rise from the dead on the third day.'* (Luke 4:37-40, 46). The resurrection proves that all that JESUS said about HIMSELF is true. All that was prophesied about HIM has also proven to be true. HE is the LORD and HE is GOD! The good news for us is that all HE taught about HIS death as a ransom for our sin is also validated. JESUS has taken the penalty we deserve and made it possible for us to be reconciled to GOD and to have eternal life. HE warned us *'For even if you were to gain all the wealth and power of this world with everything it could offer you – at the cost of your own life – what good would that be? And what could be more valuable to you than your own soul?'* (Matthew 16:26). *'There is salvation in and through no one else, for there is no other name under heaven given among men by and in which we must be saved.'* (Acts 4:12). That Name is JESUS. HE is the way, the truth and the life! There is power in the blessing of the resurrection of JESUS in whom we have eternal life. Be blessed to be a blessing, Cheryl.



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# Hon Colin Holt MLC

Member for South West Region

Mobile Electorate Office  
Monday 29th May 2017 at 12:15 – 1:15pm  
Waroona Community Resource Centre

*If you would like to speak with me while I'm in town, please contact my office to make an appointment.*

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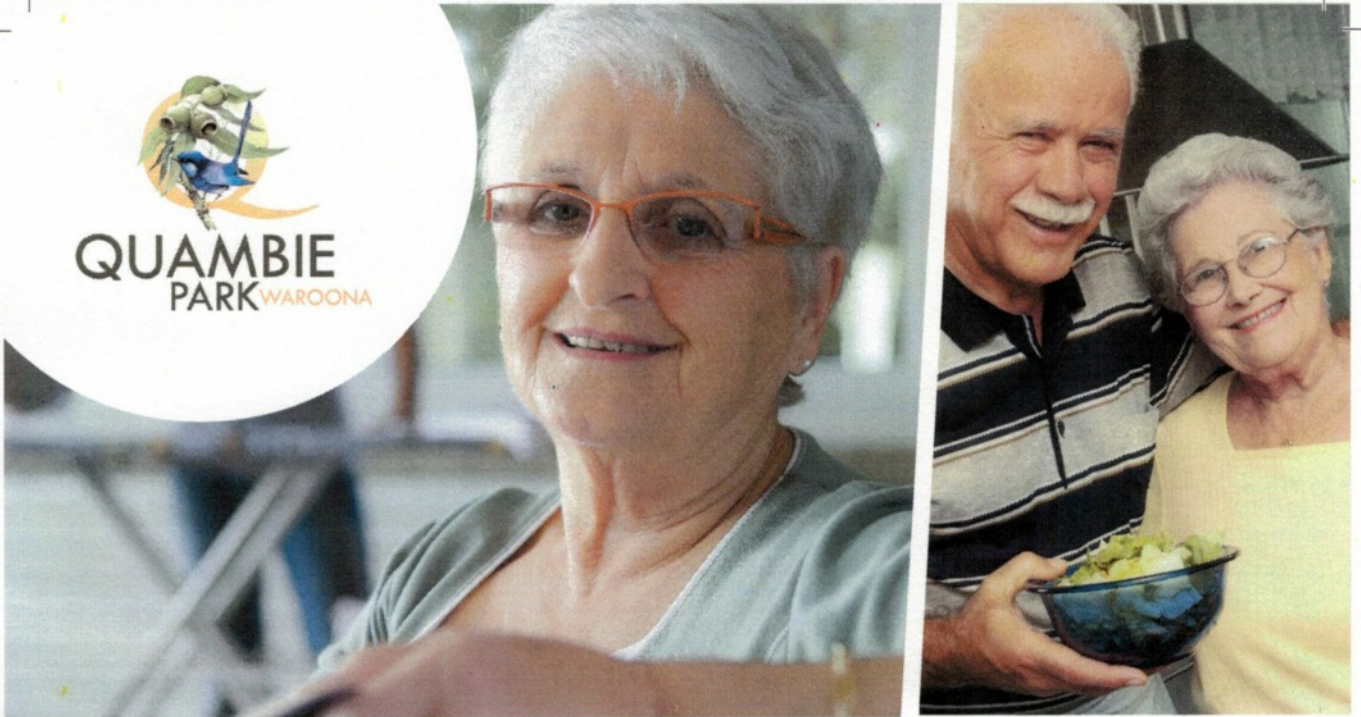


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## Quambie Park Home Care Packages

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### **Do you want to stay living in your own home but need some help around the house?**

For over 30 years Quambie Park has been helping older Australians to remain living in their own home by providing high-quality Home Care Package services.

### **What is a Home Care Package?**

A Government program designed to help aging Australians to stay in their own home longer. Our qualified staff work with you to choose services that meet your needs and we bundle them all up into one “Home Care Package.”

### **Who pays for Home Care Packages?**

The Australian Government pays for most of the cost of the service but you will be asked to contribute an amount based on the outcome of your means testing.



## **Five Steps to Being Assessed**

Many people prefer to remain living at home as they age.

It might be that you need affordable help and you are worried that you can't pay for services such as cooking, cleaning, gardening? You might need to have "home delivered" nursing or basic health care?

To get answers to your questions call Karrah at Quambie Park 9733 1331. She can help you with the following five steps to get access to your own Home Care package.

STEP 1 Go to your doctor and ask for a referral for an Aged Care Assessment Team (ACAT) assessment.

STEP 2 Complete a Centrelink income testing form (Quambie Park can help you find the form) and post it to Centrelink.

STEP 3 The Aged Care Team will contact you and make an appointment to come to your home to assess your need for help.

STEP 4 Once you have been assessed you will be placed on a National waitlist by the Commonwealth Government.

STEP 5 Once a Home Care Package becomes available to you, call Quambie Park. We can start your services immediately.

### **What services can I choose from?**

- **Personal services: personal hygiene, dressing, mobility and meal preparation.**  
Personal pride in health and appearance is important to you and so it's important to us. Our compassionate carers assist you to shower, dress, wash and dry your hair and make sure you have a positive start to each and every day.
- **Support services: washing, ironing, house cleaning and meal preparation.**  
Our domestic staff will help you to clean your house and launder your clothes, sheets and curtains. Assistance with meal preparation is also available.
- **Gardening, maintenance and home modifications related to care needs.**  
Pride in your own home extends to the exterior of the house, including your lawn and gardens. Our qualified gardening and maintenance staff are available to assist.
- **Shopping, medical appointments and social activities.**  
Our qualified and friendly carers will pick you up and take you to your destination of choice. This includes social functions, medical appointments, and shopping.
- **Clinical care: medical, nursing, wound care.**  
Our qualified Registered Nurses offer clinical care, medication management and wound care. Quambie Park also offers Interim Hospital Packages for people who are discharged from hospital but require medical care in the home for some time after.

### **How do I get a Home Care Package?**

If you want to live in your own home but need that bit of extra support, call Quambie Park today! We will advise you on the eligibility criteria, the availability of the Home Care Packages and the processes involved.

### **Contact us and we will arrange a time to answer all of your questions**

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**Email:** [enquiries@quambiepark.com.au](mailto:enquiries@quambiepark.com.au)

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# PERTH WILDCATS

## 2017 REGIONAL TOUR

The Perth Wildcats are on tour again and we're coming to Waroona!

Don't miss the rare opportunity to meet the stars and get involved in basketball clinics and events run by the Perth Wildcats players and coaches themselves.

### Saturday 10 June

10am - 12noon | Ages 6-12 | Waroona Recreation Centre

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For more information or to register visit [wildcats.com.au](http://wildcats.com.au)



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The Perth Wildcats will be making visits to a range of community organisations as well as some local schools. If you wish to be considered for any of these visits in your area, please register your interest at [wildcats.com.au/perth-wildcats-regional-tour-visits](http://wildcats.com.au/perth-wildcats-regional-tour-visits)



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The owner of Lewis Consulting Services (WA) Pty Ltd lives locally, and has owned and operated child care services for the past 5 years.

***We would love to hear from you, if you feel you have a need for a local child care service.***

It is our intention to design the service around the needs of the community, but to do so, we need feedback from you.

***We would also love to hear from you, if you would be interested in joining our team as:***

Diploma Qualified Educator (or equivalent or working towards).  
Cert III Educator (or working towards) Centre Manager  
Please send any enquiries to Lynda Lewis at:

**[lewisconsultingsvc@gmail.com](mailto:lewisconsultingsvc@gmail.com)**



The markets moved to Walmsley Pavilion this month, as the renovations

were still going on at the Memorial Hall. It was a quite a good morning, as people stopped in on their way home from the Ashley Black Memorial Rodeo and several people commented that they'd like to see it at this location all of the time. However due to the Football fixtures when the gates to the Oval are locked, this wouldn't be practical and the markets will be back at the Memorial Hall next month.

### IN THE LIONS DEN

Lochowicz, all ably led by President Larry Scott, who volunteered their time.



#### **LIONS AT THE READY WITH CASHIER QUEEN, LEO SHIARNA ISHIGUCHI AT JIM'S KITCHEN ON ALL AUSTRALIAN CAR DAY**

We have now moved our fortnightly meetings to our new, now completed Lions Pavilion and the last two meetings have seen an increase in not only more regular members attending but quite a few guests also checking us out, with the view to joining the Lions as well.

Zimbabwe and are keen to get involved in the local community. Congratulations and welcome to the club, Jono and Kirsten. We know that you will be great members.



#### **LION LISA FRY PINS MEMBER BADGES ON NEW LIONS KIRSTEN AND JONO GOODE**

Last but by no means least, the majority of our new Board has been appointed for the new Financial Year. Lion Lisa Fry will become our first ever-female President; Ray Strachan is Treasurer and my good self, John Clare, Secretary for the 4<sup>th</sup> year running! Dom Della-Franca continues as Membership Chairman, Mike Whitney is Vice President, Bill Rafferty, our Lion Tamer once again and we have 4 Directors this year with Lions Darren Browne, Alan Lochowicz, Frank Pisconeri and Lynley Young. A very strong, dedicated and highly skilled group of people AND FINALLY, DON'T FORGET, WE ARE ALWAYS LOOKING FOR NEW MEMBERS FOR THE LIONS. Contact me – John Clare on 0407 080671 or [waroonalionsclub@gmail.com](mailto:waroonalionsclub@gmail.com)



#### **LIONS IN ACTION AT WALMSLEY PAVILLION**

The other big event of the month was the All Australian Car Day on Sun 9<sup>th</sup> April. The event started off slowly, in spite of the fine weather this year but picked up considerably by lunchtime. We again manned both Jim's Kitchen and our Lions train and the Leos again added valuable support at the busiest times. Thanks to Lions Mike Whitney, Louie Chiera, Ray Strachan, Dom Fiorenza, Dom Della-Franca, Wayne Simpson, Frank Pisconeri, Pete Reynolds and Benny Goodman with train drivers, Lisa Fry and Alan



#### **FULL HOUSE AT THE LIONS MONDAY NIGHT MEETING**

On the March 27<sup>th</sup> meeting, we had the pleasure of inducting new members Jonathan and Kirsten Goode. They have recently arrived in Waroona from



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# Peel Podiatry Clinic

## Podiatrists Hung Quan and Kaye Drury

are now consulting at Pam Corker House every 2nd Tues. from 1pm – 4.30pm.  
To make an appointment, please call Peel Podiatry Clinic on:

# 9586 3046

### WAROONA LEOS NEWS



The Leos also welcomed a new member this month from the same family

as the two new Lions members, Kirsten and Jono's oldest son, Jared Goode. Leo Membership Chairman, Zach Faulkner inducted Jared on Friday 7<sup>th</sup> April.



**Jared Goode & Zach Faulkner**

The Leos also manned the gates and took the gold coin donations at the All Australian Car Day and a total of 10 Leos took on hour shifts in pairs plus potential new members Dylan Jenkins and Matt Della-Franca who spent all day in Jim's Kitchen with the Lions.



**Manning the Gates at the Car Show**

By the time that this issue comes out, the Leos would have carried out their Community Car Wash at Waroona Senior High School, too late to report this issue so more about that next month.



Also by the time that this has come out, Leos Harrison and Hull and Holly Snell will be in Flores as part of a mission instigated by their school, Mandurah Catholic College. Flores is an impoverished island in Indonesia which receives no help from its government and Harri and Holly will help build the new school, work as teachers aids and live with the villagers as a continuation of the project started by Leos Reagan Davis and Jalen Anzellino

**A Page from the International addition of Lion Magazine, showing our wonderful Waroona Leos**



last year. Both the Waroona Leos and Lions Clubs have helped fund Harri and Holy's mission and cheques were presented to them by President Reagan at the Leos March meeting. Finally, it was great to see nearly a full page devoted to our wonderful Waroona Leos team in the International addition of LION magazine this month. It's hard enough to get anything in it about West Australian Lions Clubs so to get this much coverage on our Leos Club was areal honour. Well done guys and girls.. Finally, if you're interested in helping with any of this and you are aged between 12 and 18 and would like to join, contact the Leos Secretary, Asha at [leos.waroona@gmail.com](mailto:leos.waroona@gmail.com)



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### YOUTH FEST 2017

On Friday 7<sup>th</sup> April, Waroona Youth Advisory Council held their first Youth Fest (previously known as Youth Action Event) in celebration of National Youth Week. Over 300 people of all ages and backgrounds from Waroona, Hamel, Lake Clifton and Preston Beach ventured to the Waroona Skate Park for a FREE fun filled afternoon. There was lots on offer including Spider Mountain, Rock Climbing Wall, Bucking Bull, Bungee Joust, Sumo Suits, Bouncy Castle and competitions. Freestyle Now again delivered a number of BMX and skate demonstrations, workshops and conditions, and kept the vibe alive with their loud music and outgoing personalities. Waroona Volunteer Fire Service entertained

ined kids and parents alike with a number of activities – the favourite being the barrel racing. Waroona District High School P&C and staff from the Youth Centre kept the crowd well fed, providing sausage sizzles, drinks, fairy floss, popcorn and slushies throughout the night. GP Down South and St John Ambulance provided interactive health promotion stalls, struggling to keep up with the youth (and a few parents) asking lots of health related questions. The highlight of the night was the interactive demonstration of a car crash, organised through a collaboration by Waroona Volunteer Fire Service and St John Ambulance Waroona. Attendees witnessed how the emergency services respond to car crashes, and members of the crowd

were selected to play the role of injured victims. The event was a great display of the positive outcomes that can be achieved when the community unites with a common cause. This was the largest Youth event to date, and would not have been possible without support from Shire of Waroona, Alcoa, Department of Local Government & Communities, Curtis Electrical Contracting, Waroona Recreation & Aquatic Centre, Waroona Community Resource Centre, Waroona Volunteer Fire Service, St John Ambulance Waroona, GP Down South, Freestyle Skate, Monsterball Amusements, Waroona District High School P&C and Louie Chiera.



**Highlight  
Demonstration**



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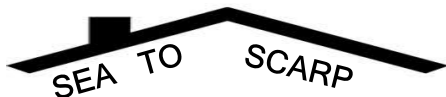
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### **Comparison websites may not paint the full picture**

When you're looking for flights or accommodation, insurance or finance products or even a real estate agent there are comparison websites claiming to have shopped around for you. They may advertise on TV and radio and their online promotion often involves them paying to make their site appear toward the top of the page when you type certain words into your search engine. Comparison websites may save you time and money by displaying a number of goods or service suppliers side by side in a way to help you choose the best price and value. However, you might not be comparing apples with apples and in fact there could be some lemons thrown in. Sites may use their own ratings or review systems and this can blur perceptions of what's on offer. The Australian Consumer Law applies when buying from an online business just as it would at a physical store. On comparison websites:

- the representation of what you're buying should be truthful and accurate, for example "deluxe" or "premium" should not be used to describe budget accommodation; and
- any commercial arrangements, such as a real estate agent comparison site receiving commission for a referral, should be disclosed.

**Case study:** A couple with a child booked a 3 person occupancy room on a hotel comparison website but

when they got there, the booked room had one queen size bed and no other sleeping option. The overseas-based comparison site only took complaints via email and didn't respond. The couple had to pay the hotel directly for a room upgrade. It's important to remember that when an online business is outside Australia it can be hard to get in touch with them to exercise your rights. Even if you come to Consumer Protection we may face the same difficulties trying to get a response on your behalf.

#### **Tips:**

- **Know the limitations** of what's compared on each site. Not all industry participants may be included. Check a range of comparison sites against each other to be sure the information you are looking at is comprehensive, reliable and current. Also explore the cost of a direct booking with a supplier.
- **Find out if a commercial relationship exists.** Does the website receive financial inducements from listed businesses in return for recommending them? Is the website owned by the same business that owns the products being compared?
- **Think about more than just price.** The cheapest airfare for your chosen destination may be a long journey with a layover as opposed to a short, non-stop flight that's not that much more expensive. Filter results so they're listed in order of what you

need, such as certain coverage on a health insurance policy.

- **Read the privacy policy.** How will any personal information you supply be used? Passed on to third parties or on-sold?
- **Calculate the total cost.** A headline price may be click bait and when you get to the payment stage of the transaction it could be more than you thought because of additional fees and charges not disclosed in the promoted dollar amount.
- **Keep a record of transactions and contact. Take down reference numbers, keep screen shots and emails and note down details of any telephone calls; name of the operator, date and time of conversation.**
- **Make use of independent sites.** A number of Government sites have been established to enable consumers to make meaningful comparisons. Examples include our own [fuelwatch.wa.gov.au](http://fuelwatch.wa.gov.au) and nationally there's [privatehealth.gov.au](http://privatehealth.gov.au) where every health insurer is required to provide up-to-date information about what is covered by each policy and its prices. The Australian Securities and Investments Commission (ASIC) monitors comparison sites in the financial product marketplace and has a guide for industry available at [www.asic.gov.au](http://www.asic.gov.au)



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**Girl Guides Australia - Mission Statement:**

*"Empowering girls and young women to be confident, self-respecting, responsible community members."*

We have been very busy preparing for ANZAC Day with the Girls, this term. This year we've been learning all about the Dickin Medal in honour of Maria Dickin and the Animals in Service, so we've been learning all about the significance of the purple poppies and how they represent the brave dogs, cats, and birds who contributed their efforts in assisting their humans in the wars. Animals such as war horses and

Duffy – Simpson's Donkey – who helped to transport wounded soldiers back to camp to be cared for; carrier pigeons who delivered important messages amidst gunfire; explosive detection dogs, and dogs who were responsible for locating buried air-raid soldiers; and even a cat called Simon aboard the HMAS Amethyst who was awarded the medal for "gallantry under fire" and for the disposal of many rats aboard the ship, despite injury during the Yangtze Incident in 1949. In total, there were over 59 animals accounted for who received this prestigious award. So it is with great pride that we honour them alongside our human ANZACS this year, by laying a beautifully handmade Purple Poppy Dog Silhouette, courtesy of the Crawford-Ferguson family (big

thank you to them!), and ask everyone to wear a Purple Poppy next to the traditional Red Poppy to commemorate humans and animals in service, working together.

***Did you know that Girl Guides is Kidsport approved? As a recognized recreational activity, Girl Guides are eligible to receive Kidsport assisted funding towards membership fees. Why not come down and see what Girl Guides are all about? Waroona Girl Guides welcome young ladies aged 5+ who are looking to learn about becoming respectful, helpful members of our community. Make lifelong friends, learn about our changing world and environments, and make valuable contributions to your community that enable and prepare girls for a fulfilling and successful life. We meet every Tuesday during the school term from 4:00pm-5:30pm at the Waroona Guide Hall on Fouracre Street (blue building – can't miss it!).***



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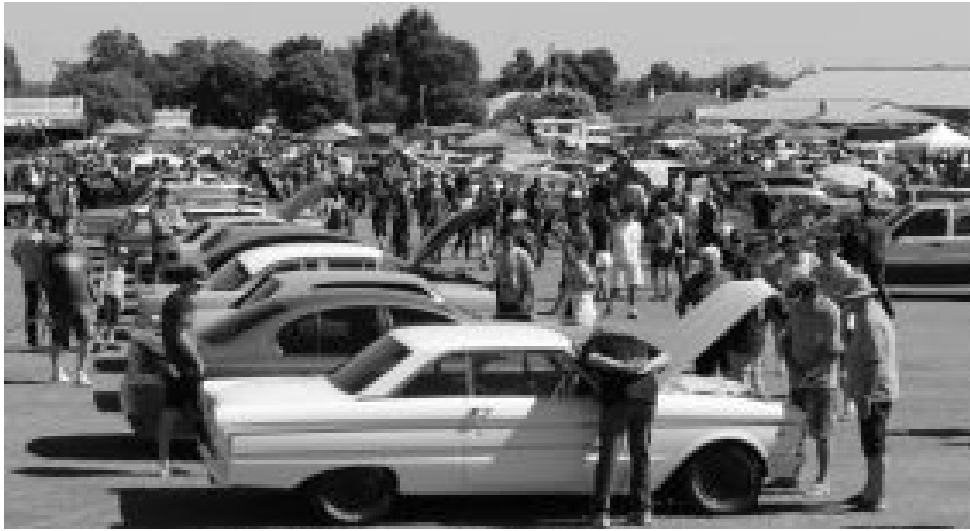
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Lions Club of Waroona  
PO Box 110 Waroona WA 6215

***Lions – We Serve***



I had hoped for a full report, before we go to print, but van't wait any longer.

From my point of view it was a fantastic day,

Great weather

Great Cars

Good variety of stalls

Great Food

Well Done Waroona Lions & Leos  
and of course 'Just Cruizin'





## Moths - the Good, the Bad and the Ugly

Most people are familiar with moths - those night flying insects attracted to lights. Some moths are plain, some are beautiful. However it isn't the adult moths which give these creatures of the night a bad name, it's the damage done by their offspring. Their larvae (caterpillars) can chomp their way through a decent amount of plant foliage in their drive to reach maturity, unless they find themselves as dinner for a bird or squashed by a gardener. Below are a some native stunners (the good), a few common problem moths (the bad) and, in Part 2 next month, some exotic species (the ugly) we don't want to see in Western Australia.

### **The (mostly) good**

**Anthelid moths** are funky looking caterpillars with tufted hairs. They nibble on various *Eucalyptus* and *Corymbia* species and seek out well-protected places like under bark, amongst firewood and under fence capping to pupate. Adults are drab coloured large moths which are clumsy flyers and are attracted to light.



Photo caption: *Anthela canescens*, Source: [mypestguide.agric.wa.gov.au](http://mypestguide.agric.wa.gov.au)

**Southern old lady moths** are brown and orange with a large blue/black eye spot on each forewing. The brown caterpillars have orange heads and legs and two black spots on the back. They feed exclusively on Acacias.

**Tiger moths** are medium sized, white with variable black or brown markings and a black and scarlet abdomen.

Older caterpillars are brown and very hairy with yellow spots on their back and sides. They provide good control of weedy herbaceous plants.

### **The bad**

An unwelcome visitor in eggplant, chili and tomato is the **eggfruit caterpillar**. The small yellowish brown adult moth lays an egg on developing fruit, the white caterpillar hatches and bores its way inside the fruit where it gradually turns pink as its feeding ruins the flesh.



Photo caption: Eggfruit caterpillars in cherry tomatoes

Anyone with a cape lilac tree will know the pain of the hairy black **white cedar moth** caterpillars which consume an entire tree's foliage before invading every nook and cranny available to pupate. The medium sized grey brown adults also have black hairs covering their bodies.

The wiggly lines on the new foliage of citrus trees is the tunnelling work of the **citrus leaf miner**. The pale green caterpillars stay on one leaf, their feeding causing leaves to twist and curl. Pupation occurs in the fold of a leaf edge.

In large numbers, **cluster caterpillars** can wreak havoc on a wide range of herbaceous plants in the garden. The medium sized adults are brown with cream streaks crisscrossing the forewings. The caterpillars change as they grow from green with red, yellow and green lines, to brown with three yellow lines down the back, to very dark with four prominent triangles on the thorax.

### **Control**

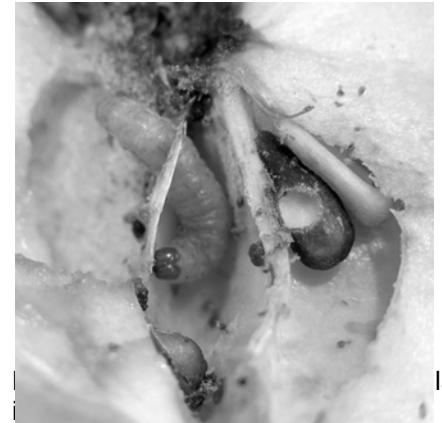
It is important to be aware of the moths which should be controlled and the ones worth leaving alone. Basic control of hungry caterpillars is a combination of encouraging biological control agents such as birds and

spiders, practicing good hygiene and vigilance, and if numbers are high and it's necessary to spray using dipel or spinosad products.

### **The ugly (not present in WA)**

Pome fruit, like apples, pears and quinces, can be devastated by the exotic **codling moth**. The white caterpillars have a black head and turn pink as they bore towards the core of the fruit leaving a trail of excrement behind. Entire crops can be lost as a result of codling moth damage. The small adult moth is greyish black with an iridescent coppery spot on each forewing. Codling moth is present in Victoria.

### **Report!**



Another enemy of pome fruit is the **Oriental fruit moth**. Like codling moth, these creamy white caterpillars can be easily transported in infested fruit as their feeding activity is inconspicuous from the outside. The tiny adult moths are grey and active in dim light and warm temperatures. These moths are present in the eastern states. **Report!**

**Asian gypsy moth** caterpillars can defoliate over 600 species of fruit, native and ornamental trees. The large adults are strong fliers and can be transported in vehicles and on ships. The female moth is pale yellow with brown markings. The hairy caterpillars develop two rows of distinctive dark spots along their backs - five pairs of blue and five pairs of red. This moth is not present in Australia. **Report!**

A number of other exotic moths pose a constant threat if introduced into WA. This risk can be significantly decreased by disposing of any fresh fruit and vegetables at WA quarantine check points and airports.



Waroona Amateur Basketball Association (Incorporated) held its Annual General Meeting on Monday 20<sup>th</sup> March. The Association has adopted a new structure, with an Executive Management Committee responsible for the operations and management of entire Association, a Senior Management Committee responsible for the senior's competition and a Junior Executive Committee responsible for the junior's competition. The Executive Management Committee comprises of:  
 Association President – Lynda Le Roy  
 Senior Vice President – Clint Gardiner  
 Junior Vice President – Jodi Racco  
 Association Secretary – Brad Vitale  
 Association Treasurer – Lindzee Tagliaferri  
 Life Member Advisor – Mike Le Roy  
 The Senior's AGM was held immediately after, with the Senior Management Committee comprising of:

President – Clint Gardiner  
 Secretary – Brad Vitale  
 Treasurer – Carol Vitale  
 Umpires' Advisor – Frank Ralston  
 Umpires' Coordinator – Cyrstal Maybourne  
 Recorder – Matt Vitale  
 Office Manager – Carol Vitale  
 Country Championships Coordinator – Leah Wilson  
**GENERAL COMMITTEE**  
 Jason Angi  
 Jodie Bonner  
 Daniel Cools  
 Dakota Seubert  
 Jessica Smith  
 James Vincent  
 The Junior's AGM was held on Wednesday 22<sup>nd</sup> March, with the Junior Management Committee comprising of:  
 President – Jodi Racco  
 Secretary – VACANT  
 Treasurer – Tracey Fickling  
 Umpires' Advisor – Frank Ralston

Umpires' Coordinator – Stephen Cook  
 Recorder – Tanya Henwood  
 Office Manager – Tanya Henwood  
 Country Championships Coordinator – Stephen Cook  
 Uniforms Manager – Jenni Tieleman  
 KidSport Coordinator – Rebecca Lorimer  
 Merchandise Coordinator – Simone Magno  
**GENERAL COMMITTEE**  
 Natalie Birch  
 Nicole Bush  
 Belinda Curtis  
 Kellie Farmer  
 Gareth Hawkins  
 Rickardo Jetta  
 Natalie Parker  
 Amy Welsh

Thank you to all those who attended the AGMs and continue to support the association. Bring on the 2017/18 season!

**Pam Corker Fete**



**Another big success.**

**Here are some of the stalls**



## Chook Yard Farmer Ken



Autumn is meant to be a quiet time in the yearly cycle for chooks with moulting season getting

in full swing ready for the cold winter months of June/July but Chookyard Hotel found it the complete opposite. Tuesday 11<sup>th</sup> April 2017 is the worst day in the 3.5 year history of hotel operations since we set up to have chooks. Patience a Show Wheaten hen paid the price for her free range spirit visiting a neighbours paddock and thankfully just made it home with a broken left leg at the joint which resulted in a quick trip to the vet and examination. She was given a tranquilliser to help erase the pain and then the difficult decision was taken to lay her to rest with no realistic chance of recovery. Upon further examination bruising was located on the chest And Patience obviously was not going to be taken lightly by the enemy. She was brought home from the vets and buried in the memorial rose garden next to chookyard hotel. A special thankyou to Dr Jessica/Dr Ron, and staff at Waroona Veterinary Services and the care of small stock is always first class. We all shed a tear or two and took a couple of memento photos which have since been shown on Facebook. Next cab of the rank was Collie Black going missing in action on the same day and Red Brindle deciding it was time to hang up the boots and also go to a higher place. Both these two bantams were excellent brooder mum's and bought sight unseen to go with the Shed purchased from Collie. They were part of a package and shows you how green I actually was and they were advertised as part of a trio of chickens not realising they were actually bantams but the shed was initially the main reason for the visit to Collie. The trio of bantams travelled in the cab of the ute and nearly lost the shed due to wind gusts coming back down the Collie Hill back to South West Highway and needed the 40 kg of Poultry Mix to make a difference despite ropes holding the shed down. At the time put the back out pushing and reaching above my shoulders and needed chiropractic treatment by Dr Margie to get me mobile again. Sold one of the trio at auction 10 months later and these two bantams became part of chookyard hotel history. Pets become part of your life and was sad

that the green grass in "Wallys Orchard" was not enough to keep them this side of the northern boundary fence and the sand in the horse paddock next door was too enticing for an exclusive dirt bath. The decision must now be taken to restrict free range time and seriously consider fencing the northern side of the property but the show birds and bantams for that matter will fly over the top. You cannot show birds as they will be disqualified for having their wings cut and not displaying their full span of feathers. On a more positive note sold 11 out of 12 birds, 3.5 dozen fertile eggs and two brooder transport cages for a fair return at the Harvey Poultry Club Auction which will cover feed costs for the next 6 or 7 weeks which is pleasing. Just shows you the difference in auctions just one month apart. The young birds were a month older and buyers were looking for quality young birds at the right price. Gave away 4 cockerels to a friend for the pot and a young good looking blue/red Araucana young rooster which will become the resident sire of his flock. Selling another five birds in a trio plus pair of Belgium Ducle bantams to a fellow breeder in the South West at the end of the week so happy numbers in Chookyard Hotel young stock are being significantly reduced. Then a Gold Laced Wyandotte Bantam hen named "Lucky" went clucky on Easter Sunday and set her on 10 fertile eggs eight of which are bantam Belgium Ducle and Gold Laced Wyandotte Bantam fertile eggs. Lucky was determined to be set and persuaded Gypsy a Belgium Ducle Hen and Mandy a silver Laced Wyandotte Hen they did not wish to add to Hotel stock when the mood was for reducing numbers. Mowed the back lawn surrounding Chookyard Hotel on Easter Monday after watching an AFL fixture between Geelong and Hawthorn and the birds love the green lawn clippings and then pecked on the freshly cut lawn. Continue to spoil them with Silver Beet, the odd Lettuce as well as Water Melon which is cool and refreshing. Have also fed then prawn shells and even cat left over with all poultry charging to get a piece of the action. Hopefully a diet of variety and free range keeps them all fit and healthy. Later on in the year hope to purchase a wheaten pullet from The Chicken Lady Sally at Wungong to keep the Araucana breeding lines going and Its pleasing a Splash pullet

has been named Bae by the Marketing Manager Caitlin after being raised as a chick. Marshmellow the Araucana hen and her chicks are a month old now and her three adopted Cream Legbar chicks are already showing signs of being show stoppers. With the colder nights I am faithfully transferring Mother and the eight chicks from the wooden perches to the Brooders Cage and the chirps are loud and strong just before dark trying to gain shelter under the wing span. Its fascinating how they sort themselves out and love how the Belgium Ducle Pen all sit in a row. Only this week is left and then they will need to take care of themselves heat wise at night time. The pecking order seems to have sorted themselves out. On the first and third Wednesday of each month is the Mundijong Markets and have been selling a few fertile eggs privately and the Sundries section starts at 10.30 am with the poultry scheduled for 12.30 pm some two hours later. Its an enjoyable day out and always enjoy meeting Waroona people and other friends in a different environment. Most days wear the orange Chookyard Hotel T Shirt which is easily recognised at the Markets and on Easter Saturday whilst browsing in an Antique Shop next to Tuckey's Hardware an obvious tourist said to me "Chookyard Hotel" is the place I should be right now. It certainly made me smile and trust the readers had a happy and safe Easter Break which is a special time of the year. Stayed at home looking after my special feathered friends who allow Chookyard Farmer Ken to enjoy the spectrums of Life and always poultry hygiene to address as well as supplying home made fertiliser to the fruit trees of "Wallys Orchard". The Lemon Tree has been delivering for a month now and the Grape Fruit Tree is just coming on line. Till next time.



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**Waroona Footie News with Forward Pocket**

Waroona Demons will be looking for a trifecta in Round 3 after the Easter break in all three grades versus Centrals at Mundijong oval this Saturday. It will be a particularly

difficult assignment particularly in League playing in a twilight fixture for the first time as Centrals on their home ground despite a low position on the ladder seem to grow an extra leg and that is not the case in 2017.

Recruitment of former AFL player Mitch Clark has given them real fire power up forward to support "Buckets" Wilson whose marking power is always difficult to match and Coach Dean Taylor is confident Waroona has the man power to match Centrals. Utility players Mat Thomas and Rhett Mason have been on fire in the first two rounds and along with Captain Courtney Lakay ensure Waroona obtain plenty of the football to create rebound and opportunities in the forward zone. Premiership Ruckman Andrew Leroy has returned to his original club after a five year absence and his presence gives direction in the middle of the ground. Other recruits Brayden Sutton (Pinjarra Tigers), Kepler Bradley (AFL), Kane Bloxside (WAFL and Eaton Boomers) returning to his home town to play with brother Rhys have given the team more balance and depth than last season. A key ingredient has been the massive improvement of former Colts players Cameron White, Rowan Gardiner, Tommy Wilson, Brad Starr together with Chad Wrigley a class

rover which gives the League Squad flexibility and enthusiasm. Steve Cameron has enjoyed switching to defence to team up with his best mate Lance Lucas and they were premiership players in 2015 for the Busselton Magpies in the strong South West National Football League. Wingman Clay Smith elevated to the Team Leadership Group in 2017 will enjoy not having to contend with bigger bodies in the Ruck and Coach Taylor will place him wherever strategically required. Football and hard fought contested football will determine the result on Saturday. Reserves Coach Marty Scott returns from his short holiday break and the team sits with a split 1/1 result after being thrashed by Baldivis who were keen to gain some compensation for the 2016 Grand Final loss after going into the game hot favourites. A lack of numbers available for Round 2 against the Brumbies resulted in 3 colts players playing two consecutive games and the Reserves team is the hunted again this year. Ryan Wilson made a difference in the ruck last week and Jackson Hiscock provides plenty of run. Jayden Derosa in the wing and centre has been in excellent form but will be missing this week departing for an extended overseas holiday. Kieran Elliot has been a surprise in the big man department after playing Masters the previous two seasons and Captain Michael Vellacott continues to be the running half back together with Ben Howell. League Coach Dean Taylor and Vice-Captain Rocky Caruso gives the centre circle plenty of grunt and Grant Coxon is approaching the veteran status with one League and two Reserves premierships

**Waroona Poultry Club**

Poultry Club members are smiling with such nice warm weather and especially if they are preparing to enter poultry or waterfowl in the Harvey Show on Saturday 29<sup>th</sup> April. After a bath and blow dry warm, fine weather is a necessity to ensure the birds are at their best before facing the judges. Waroona Poultry Club is busy preparing for the Young Bird Show for 2017 which is being conducted at the Waroona Poultry Pavillion at the Showgrounds on Saturday June 11<sup>th</sup> 2017. The YBS is open to all purebred poultry and Waterfowl between the ages of 5-12 months of age. Waterfowl is the feature breed and to encourage future generations of poultry enthusiasts a Junior Section as well as a Junior Backyard Breed is also part of the Young Bird Show Programme. Unfortunately several members will be away in Canberra at

that time at the Australian Annual Conference in Canberra. They will include Secretary Rebecca Nelson (Serpentine), Vice President Brendan Baker (Furnissdale) and Reece Jerrett (Mundijong) which demonstrates the large membership base is spread for Waroona Poultry Club. Despite the absence of "Poultry Heavyweights" it provides increased opportunities for other exhibitors to salute the judge. A meeting has been scheduled for Saturday May 27<sup>th</sup> at 10.00am to be followed by Busy Bee to prepare Shed for the Young Bird Show. For all chook lovers hope the moulting season finishes soon and your chooks start laying again with no free loaders on board. Fresh eggs especially Free Range are a healthy source of food and full of protein. Children especially love the bantam eggs.

under his belt. Ashley Blackman and Michael McRae are both new to the team this year and add to the depth of the reserves playing ranks. Cody Smith and Shannon Hart-Cole from the Colts last season are new players in 2017 with the Reserves and Coach Scott is keen to finish round 3 with a 2/1 winning ratio and remain on track for an opportunity to defend their title after winning in 2012, 2014, 2016 after a 49 year drought was broken. Injuries in the League Squad always impact on the depth of the Reserves Team and a "happy chappy" Adam Simpson returns after semi-retirement last year. This versatile back pocket specialist long kicks are a team asset and if required can play further up the ground on a wing if needed. Corey Dellit has put in a good pre-season and has been kicking goals in the first two games. Colts Coach Mark Spence has instructed his very young team to enjoy their football, work hard on their skills and to play team football. Losing 11 players from last years Colts Squad and 3 eligible players White, Wilson, and Starr currently members of the League team winning will be difficult but this weekend they will have a real chance versus Centrals who also have a very young team and cellar dwellers for the past couple of seasons. Tristan Lakay and Isaiah Della Franca are class players and Quillan Salkild has shown good form in the first two games. Under 16 players Owen Grantham, Xavier Deleo, Harrison Hull and Zac Audino have not been overawed and by seasons end will ensure the colts will be very competitive. Austin Lilly has been Captain for the first two games and Ryan Wiltshire, Connor Wright and James Vincent form the mosquito fleet and the Rae Bros Courtney and Griffin will be key targets up forward. Darcy Dickson returns after a two year absence and rugby convert Josh Garavanta continues to develop along with Jalen Anzellino, and Aiden Reeves is the backline general. Waroona Colts is the future of the club and need support by members, supporters and family to ensure they remain up beat in a season of a very young colts team developing. Please keep an eye on the Waroona Football and Netball facebook site for coming events. Waroona is looking forward to the second home game on Sunday 7<sup>th</sup> May 2017 in Round 5 versus Halls Head on a special Mothers Days football event Go Dynamic Demons. -Forward Pocket

**The Bowling Club Bulletin**



With the bowling year coming to an end, the ladies had one last big event to play, and that was the 100up singles (Connie Twaddle's)

trophy, which was won by Carol Tomlinson, who had a great tussle against Irene French. I will report on the Wind-up dinner in the next edition. Please members remember the A.G.M. on Wednesday 24th. May at 7.00p.m. Adrienne Bellairs, Sheryee Hayes, Veronica Fuller, and Deb Marshall, were successful in winning Pinjarra Gala Day on April 7th. Great going ladies! The Good Guys took out the Community Bowls this season. They were Don Woods, Jack Lang, Kevin Grover, Gerry Polinelli. Thanks for running this event this year

Sharyee. Scarborough trip is on Saturday 27th. May. Those wanting to go please get in touch with Sharyee. 0407335361. This is a great day - getting breakfast on arrival, then a game, lunch, then 1 more game after lunch. All the best to the men going to the League Championships in May. Welcome to two new members John Rozman and Mike Fradsham. Will report on the results of the " War of the Roses" next time. Sandra.



**Wed. the 24th. May  
Club A.G.M.  
at 7.00p.m.**



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